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EDUCATION

George Fox University, Newberg, Oregon Doctor of Psychology, Clinical Psychology

George Fox University, Newberg, Oregon **Master of Arts,** Clinical Psychology

New Mexico State University, Las Cruces, New Mexico Bachelor of Science, Elementary Education

CLINICAL EXPERIENCE

October 2020 to Current: Psychometric Director/ Clinical Psychologist, United States Air Force: Clinic psychological testing director/coordinator, Alcohol and Drug Abuse Prevention and Treatment (ADAPT) Program manager, Sexual Assault Response Prevention (SAPR) mental health leader, command directed evaluation manager, base wide transgender behavioral health expert, and mental health groups facilitator. Typical weeks consist of consultations with commanders and leadership, 60-minute evidence-based psychotherapy treatment appointments, leading mental health group appointments, and supervising/performing complex evaluations and Joint Base Pearl Harbor-Hickam in Hawaii.

- Supervised/consulted on/performed specialized evaluations on the clinic's most complex patients including disability, administrative separation, fit-for-duty, and other military specific evaluations including military training instructor, security clearance, and Survival, Evasion, Resistance, and Escape (SERE) evaluations.
- Led ADAPT program, supervising treatment for individuals including treatment groups, technician training/certifications (Certified Alcohol and Drug Addiction Consultant/CADC), individual sessions, and consultations with various base agencies and commanders
- Mental Health Clinic liaison for the SAPR program and responses, led trainings for 20k personnel, and ensured appropriate care for patients within the SAPR and mental health clinic
- Spearheaded command directed evaluations for the mental health clinic, supervising evaluations and command consultations and training other providers in the proper procedures
- Wing specialist for transgender processing and behavioral health care, supporting Airmen and their providers and commanders through the complex process of transition while in the military
- Testified as an expert witness in administrative discharge hearings
- Organized Automated Neuropsychological Assessment Metric (ANAM) trainings for military providers and technicians for 5 multiservice military bases on island of Oahu
- Expert mental health clinician providing and coordinating care for 1/3 of the clinic's most complex high acuity patients with 90% return to duty rate
- Improved clinics access to care by leading/facilitating group classes and treatment through evidence based cognitive behavioral treatment for insomnia and

November 2018 to September 2020: Behavioral Health Optimization Program (BHOP) Manager, United States Air Force: Fully trained through intensive DOD developed/implemented Phase I and Phase II training for internal behavioral health care consultants. Developed BHOP element from ground up, operating out of primary care clinic at Tinker AFB. Typical week consists of individual patient visits, developing and implementing training for primary care staff, program evaluation, facilitating classes, managing efforts between the primary and mental health clinics, and providing clinical consultation to medical staff.

- Increased clinic productivity by 15% while reducing the number of providers by 50%.
- See 40% more patients than clinic average while also managing the clinic and other duties.
- Furnished clinical expertise for behavioral health utilization management and case management for complex medical cases with behavioral components
- Developed close working relationships with experts in multiple fields including pharmacy, medical, case management, disease management, and others, for population-based healthcare model.
- Established and taught behavioral health classes within a population-based model of care for dependents, retired, and active duty personnel.
- Managed all BHOP staff including nurses, psychologists, and technicians.
- Managed the interaction between the specialty mental health and primary care clinics streamlining policies and procedures to effectively manage complex patient care and clinical decision-making issues.
- Selected as the Disaster Mental Health Team Chief: coordinated and communicated response to on-base traumas such as deaths, suicides, severe injuries, etc., training first-responders for psychological first aid, providing information on grief response and initial impact of disasters.
- Selected as the Readiness Skills Verification Program (RSVP) training manager.
- Selected as the operations manager for the mental health clinic.
- Performed program evaluation to optimize appointment utilization and provider/clinic satisfaction

November 2016 to November 2018: Staff/Clinical Psychologist, United States Air Force: Conducted various evaluations and psychological treatment modalities out of the mental health clinic on Tinker AFB. Typical weeks consisted of 60-minute evidence-based psychotherapy treatment appointments, routine fit for duty, military training instructor, and security clearance evaluations.

- Provided specialized evidence-base/research informed psychological care appointments for individuals with a variety of diagnoses including PTSD, depression, anxiety, somatoform, and personality disorders.
- Conducted comprehensive psychological evaluations to address complex diagnostic and treatment issues.
- Completed military specific evaluations including military training instructor, security clearance, and Survival, Evasion, Resistance, and Escape (SERE) evaluations.
- Coordinated/presented trainings for personnel on disaster response, deployment readiness, and other topics.
- Regular 24/7 on call duties responding to on base emergencies and facilitating appropriate responses.
- Provided consultation to executive leadership, medical professionals, legal representatives, and others for specialty cases with a variety of mental health concerns.

SUPERVISED CLINICAL EXPERIENCE

June 2015 to June 2016: Resident at APA Approved Alaska Internship Consortium, Norton Sound Regional Hospital: Utilized a multicultural framework to provide individual and group counseling, psychological testing/evaluation, and other clinical care to the Alaskan Native population in Nome and surrounding villages.

- Utilized culture and geographic context as a strength to provide individual and group psychological treatment.
- Provided 3 x weekly group substance abuse treatment sessions utilizing evidence-based treatment protocols.
- Psychological assessments completed for Native patients to screen for ADHD, Cognitive Disorders, Social Security eligibility, and other psychological factors that may affect their care.
- Received weekly didactic training in addition to training in primary care psychology, evidence-based substance abuse treatment, ICD 10/DSM 5 transition, and Multicultural Psychology

<u>August 2014 to July 2015: Pre-intern, Willamette Valley Medical Center:</u> Developed bariatric and geriatric practicum programs to evaluate and treat these separate specialized populations.

- Developed new treatment programs based on evidence-based research in Geropsychology and bariatric psychology serving as the pioneer student in this position.
- Researched and created evidence-based neuropsychology assessment battery with assessments appropriate for inpatient geriatric patients.
- Neuropsychology assessments completed for geriatric patients to screen for dementia, serious mental health conditions, and other psychological factors that may affect their care.

- Researched/developed/implemented an empirically supported pre-surgical bariatric psychological evaluation and interview given to all bariatric patients prior to surgery.
- Implemented monthly therapy groups for bariatric patients, preparing them for bariatric surgery as well as post-surgery follow-up.

<u>August 2013 to May 2014: Doctoral Psychology Trainee, Northwest Family Psychology:</u> Administered psychological testing batteries to low-income populations, referrals from the Department of Human Services, and Domestic Violence victims.

- Conducted intake interviews as well as comprehensive child, adolescent, and adult evaluations including ADHD/learning disability/autism evaluations, psychological evaluations, neuropsychological evaluations, and risk assessment evaluations.
- Completed bi-lateral custody evaluations in dependency matters
- Provided individual counseling for emotional and behavioral challenges

August 2012 to May 2013: Student Therapist, Archer Glen Elementary School: Provided psychological testing and individual psychotherapy for children with a variety of psychological presentations.

- Served elementary students experiencing a wide range of clinical pathology, relational, and developmental problems.
- Utilized behavioral therapy and behavioral training to target specific behavior change in students.
- Provided individual psychotherapy, group psychotherapy, and psycho-educational groups.

PREVIOUS WORK EXPERIENCE

<u>January 2011 to July 2011: Team Leader, Target Corporation:</u> Managed 50-100 associates with responsibilities to include maintaining high standards in safety, quality, and performance for the entire team while maximizing customer experience.

- Recognized as one of the top performing team leaders in the region based on metrics achieved by a highly motivated and engaged team.
- Managed the performance management process including recognizing, coaching, writing/delivering counseling & corrective actions, and writing/delivering performance reviews.
- Ensured maximum efficiency by scheduling and delegating responsibilities to team members.
- Led new process improvement initiatives and coached team members through the changes.
- Regularly participated in the hiring and termination process.

January 2009 to January 2010: Training Specialist/Coordinator, Los Alamos National Laboratory: Designed, developed, and implemented training in support of the National Laboratory objectives.

- Maintained accurate training records according to DOE order 5480.20A requirements.
- Applied the Systematic Approach to Training (SAT) and Analysis, Design, Development, Implementation, Evaluation (ADDIE) in curriculum development according to Department of Energy standards.
- Fully trained and qualified as a Training Specialist and Training Coordinator (LANL mandated TSQP qualified).
- Experienced with creating/modifying courses in LANL's Employee Development System (training management).

<u>March 2007-January 2009: Security Police Officer, U.S. Department of Energy</u>: Responsible for overseeing security, up to the use of deadly force, to protect personnel and resources while safeguarding various top secret governmental facilities.

- Held a top DOE (Q) clearance with HRP certifications.
- Completed three months of tactical training as well as in-depth site-specific training on the appropriate tactical response to security breaches and other emergencies.
- Maintaining security of and controlled entry into the Nation's plutonium manufacturing facility.
- Responsible for managing the use of communications equipment, vehicles, intrusion detection equipment, and other special purpose equipment worth hundreds of thousands of dollars.

- Attained and maintained, radiation worker qualifications under the stringent standards of DOE policy.
- Held federal arrest authority and was directly involved in protecting the site in accordance with U.S.
 Department of Energy security requirements without any security breaches or violations of policy.
- Responsible for carrying a sidearm and M-4 rifle daily.
- Transcribed daily reports describing any disturbances or abnormalities during shift.

ADDITIONAL INFORMATION, LICENSES, & CERTIFICATIONS

- Licensed Clinical Psychologist State of New Mexico License #1518
- Behavioral Health Optimization Program Phase I and Phase II training
- DoD Sponsored training in Cognitive Behavioral Training Chronic Pain
- DoD Sponsored training in Operational Psychology
- United States Air Force Squadron Officer School
- Biomedical Officer Management Orientation
- Family Advocacy Officer training
- DoD Sponsored training in Prolonged Exposure
- DoD Sponsored training in Cognitive Processing Therapy
- United States Air Force Commissioned Officer Training
- Licensed Elementary Educator
- Member of the National Deans list, the National Honorary Collegiate Society, and Crimson Scholar
- Member of Military Interest Group and Multicultural Psychology Groups
- Completed 12 credit hours of bilingual education classes and 8 credit hours of Spanish language classes
- Volunteered as a leader and active member of the Baptist Student Ministries
- Volunteered at a local art museum
- Volunteered as a leader in Church middle school ministries
- Worked as an inter-library loan assistant
- Worked as the Los Alamos National Laboratory's Research Library and Training Divisions
- Planned, financed, and operated home pottery business